



Frequently Asked Questions & Daily Schedule Chastity Missionary Bootcamp

Q: What is the Goretto Group?

A: The Goretto Group is a movement for people of all ages and life stages, dedicated to rediscovering authentic masculinity and femininity, and becoming witnesses to the joy of pure love. We achieve this through prayer, formation, and fellowship, serving the Lord via monthly Masses, talks, retreats, and special events.

Q: What is the message of the Goretto Group?

A: Our message focuses on helping individuals of all ages find fulfillment in relationships by purifying hearts through prayer (especially the Sacraments), formation, and fellowship. Chastity, viewed as a virtue and a gift, enables the peace of integration of mind, body, and soul, allowing for sincere and true love.

Q: What are the objectives of the Chastity Missionary Bootcamp?

A: The objectives are to help participants be filled with God's pure love to share with others and to lay the foundation for a missionary program that supports spreading the message of purity and forgiveness.

Q: What is the Bootcamp?

A: The Bootcamp involves intense training that promotes physical, spiritual, and mental growth. This method includes sacrificing time and sleep, which helps break down personal walls and distractions, allowing God to work more profoundly in participants' lives.

Q: What does the Outdoor Beauty method entail?

A: The Outdoor Beauty method involves engaging in activities in beautiful natural settings. These locations help participants connect with God's creation and maintain proximity to the Sacraments and Eucharistic Adoration, enhancing their spiritual experience.

Q: How do Morning Hikes/Sports contribute to the bootcamp?

A: Morning hikes and sports build camaraderie among participants, help release stress, and open participants to the gifts of the Holy Spirit. These physical activities align the mind and body, preparing them for deeper spiritual growth.

Q: What does the Formation method include?

A: The Formation method offers comprehensive growth by addressing the mental, emotional, physical, and spiritual aspects of participants. It includes guidance from psychologists, physical trainers, and spiritual leaders through sacraments, spiritual talks, and group studies, ensuring a holistic development experience.

Q: How does the bootcamp integrate with parishes?

A: Participants join existing parish or diocesan opportunities such as talks, formation, adoration, and Sacraments.

Q: Why are multiple locations used?

A: Using multiple locations emphasizes the missionary nature of the program, fostering a spirit of being sent where God needs missionaries.

Q: How are the bootcamp activities shared and sustained?

A: The message is shared via media, and support is raised through fundraising efforts.



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Q: What is the flow of the bootcamp's theme?

A: The theme progresses through knowing God, understanding oneself, comprehending God's love, and learning how to share this love, particularly regarding human sexuality.

Q: What roles can volunteers take on within the Goretto Team?

A: Volunteers can serve as speakers, sponsors (spiritually or physically accompanying participants or providing financial assistance), musicians, fitness leads, hospitality providers, or prayer leaders.

Q: Who are the speakers and facilitators for August 2024?

A: Goretto Group Facilitation Team/Speakers/Prayer Leads

1. Dr. Paul Santero, Psychologist with St. Joseph's Psychological Clinic
2. Ryan Marquez, SDSU Student
3. Angela Santero, Founder of the Goretto Group and United States Naval Academy Veteran
4. Peggy Tacchino, Director of New Evangelization and Catechetical Ministries, St. Vincent de Paul
5. Sr. Candida Massabo, Congregation of St. Maria Goretto
6. Ali & Tom zuHone, St. Vincent de Paul Prayer Team

Q: What does a typical day at the bootcamp look like? (see below)



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Daily Schedule (Subject to Change)

Day 1: Monday (August 5)

- 6:20 AM: Gather
- 6:30 AM: Volleyball on the Beach (Coronado)
- 7:30 AM: Morning prayer and meditation – Biblical Disciples (Beach)
- 8:00 AM: Personal Reflection
- 8:30 AM: Breakfast & Break
- 9:00 AM: Small Group Sharing
- 10:30 AM: Holy Hour, Confession, Rosary – Our Lady of the Rosary, Little Italy
- 12:00 PM: Holy Mass
- 1:00 PM: Personal witness – Called to Serve - Angela Santero
- 1:45 PM: Break / Free Time
- 3:45 PM: Divine Mercy Chaplet (OLR Church)
- 4:00 PM: What is a Chastity Missionary? & Small Group Discussion
- 5:00 PM: Shedding False Identities and Discerning Your Gifts
- 6:00 PM: Evening Prayer and Wrap-up (Office)

Day 2: Tuesday (August 6)

- 6:20 AM: Gather
- 6:30 AM: Mission Trails Hike from Dam
- 7:30 AM: Morning prayer and meditation – Missionary Saints
- 8:00 AM: Personal Reflection
- 8:30 AM: Breakfast
- 10:00 AM: Visitor's Center and Eucharist Reflection
- 10:30 AM: Know Our Eucharistic Lord
- 12:00 PM: Lunch
- 1:00 PM: Free time and Filming
- 3:00 PM: Mission San Diego de Alcalá visit (San Diego de Alcalá)
- 4:30 PM: This is my body (Words from Our Lord & from us) – Theology of the Body Intro
- 5:30 PM: Mass and Evening Prayer

Day 3: Wednesday (August 7)

- 6:30 AM: Pickle Ball & Basketball -La Mesa, Ca
- 7:30 AM: Morning Prayer & Meditation
- 8:30 AM: Breakfast
- 9:00 AM: Drive to Mt. Helix for talks
- 9:30 AM: Know yourself and your wounds by Dr. Paul Santero
- 10:15 AM: Personal Reflection



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- 10:45 AM: Group Sharing
- 11:00 AM: Abuse of Sexuality & the Effect on Relationships – Dr. Paul Santero
- 11:45 AM: Helping to Heal Wounds & Unwanted Attractions – Dr. Paul Santero
- 12:30 PM: Lunch on Mt. Helix
- 1:00 PM: Free Time & Filming
- 3:00 PM: Rosary at Lake Murray, La Mesa, CA
- 3:15 PM: Chastity Apostle/Speaker's Training - Know your audience/challenges of youth
- 4:00 PM: Practicum / Role Play
- 4:30 PM: Prayer at the Mission San Diego de Alcala
- 5:30 PM: Mass and Closing Prayer

Day 4: Thursday, August 8

- 6:30 AM: Sports at Tideland Park (Coronado)
- 7:30 AM: Morning Prayer & Meditation
- 8:00 AM: Mass at Sacred Heart Catholic Church – Coronado, CA
- 9:00 AM: Breakfast at Spreckels Park
- 9:30 AM: Core Framework of Talks
- 10:15 AM: Partner Sharing
- 10:30 AM: Knowing the Message to Share & Tools for the Journey
- 11:30 AM: Lunch at (Spreckels Park, Coronado)
- 12:00 AM: Adoration in Small Chapel – Sacred Heart
- 1:15 PM: Analyzing a Talk on Love & Relationships
- 2:30 PM: Free time & Filming
- 4:30 PM: Developing personal Witness Talk
- 5:30 PM: Witness Talk: Choosing a Life with & For God! by Ryan Marquez
- 6:15: Evening Prayer & Wrap-up

Day 5: Friday, August 9

- 6:30 AM: Walk, Frisbee, Snorkeling - La Jolla Cove
- 7:30 AM: Morning Prayer & Meditation
- 8:00 AM: Mass at Mary Star of the Sea
- 9:00 AM: Breakfast at the Cove
- 9:30 AM: Theology of the Body Study – Session 1
- 10:15 AM: Partner Discussion/Practicum
- 11:00 AM: Theology of the Body Study – Session 2
- 11:45 AM: Group Discussion
- 12:30 PM: Lunch on the Shoreline
- 1:00 PM: Free time & Filming
- 3:00 PM: Litany of Trust/Surrender Novena – Snack – La Jolla Shores



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- 3:30 PM: Gifts of the Spirit – Peggy Tacchino
- 4:30 PM: Gift of Chastity – Witness Talk
- 5:00 PM: Beach Evangelization
- 6:15 PM: Closing Prayer

Day 6: Saturday, August 10

- 6:30 AM: Hike – Spanish Landing Park – San Diego
- 8:30 AM: Breakfast – St. Vincent de Paul – Mission Hills
- 10:00 AM: Unbound Prayers
- 11:30 AM: Theology of the Body – Session 3
- 12:15 PM: Small Group Discussion
- 12:30 PM: Lunch
- 1:00 PM: Theology of the Body – Session 4
- 2:00 PM: St. Maria Goretti – Sr. Candida Massabo – TBD
- 3:00 PM: Closing Remarks & Prayer
- 4:00 PM: Mass – The Immaculata
- 5:30 PM: BBQ